



Loma Linda Young Adult Ministry—The Overflow Podcast



At the Loma Linda University Church, a new [podcast](#) is engaging young adults with topics exploring how to live an abundant life, full to overflowing. The Overflow Podcast is a project developed by Pastor Filip Milosavljevic and his good friend and young adult Karl Lindsay. The first season, comprising nine episodes and launched in 2020, focused on the topic of spiritual gifts.

Now in its fourth season, recent episodes of the podcast feature interviews with experts on topics related to mental health.



“God wants to pour out streams of living water into your life. He wants to fill you up to overflowing,” the podcast creators share. “Our relationships with family and friends shouldn’t feel empty and dry—His gifts of love, grace, and forgiveness have the power to transform your life into one that is overflowing with life.”

[Follow the Overflow Podcast on Facebook.](#)