



Loma Linda Young Adult Ministry—The Overflow Podcast

Youth and young adults all over our union are making a difference!

At the Loma Linda University church, a new podcast is engaging young adults with topics that explore how to live an abundant life, full to overflowing. The Overflow Podcast is a project developed by Pastor Filip Milosavljevic and his good friend Karl Lindsay. The first season, comprising nine episodes and launched in 2020, focused on the topic of spiritual gifts. Now in its fourth season, recent episodes of the podcast feature interviews with experts on topics related to mental health. “God wants to pour out streams of living water into your life. He wants to fill you up to overflowing,” the podcast creators share. “Our relationships with family and friends shouldn’t feel empty and dry—His gifts of love, grace, and forgiveness have the power to transform your life into one that is overflowing with life.” A new podcast is released each Monday.

[Learn More](#)

[Listen to the Podcast](#)

ONE House SoCal Reaches Young Adults

At the Southern California Conference, Pastor Iki Taimi is the director of ONE House—the name for the Senior Youth and Young Adult ministry of the conference. Why ONE House? Because there is an intentional coming together, conference-wide, of Senior Youth and Young Adults under one roof, to worship, be empowered, and network. Whether you’re Hispanic, Asian, African American or any other race; whether you’re a student at USC or an Adventist school; a young single artist in L.A. or a newly married couple with lots of questions, ONE House is created just for you. Each week, Pastor Iki moderates Tuesday T-Time, in which he interviews guests from all walks of life and is committed to creating content that will challenge, entertain, bless, and give voice to Senior Youth and Young Adults.

[Watch on YouTube](#)



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La Sierra Academy’s End-of-Year Musical Concert

Here is a link to a very special end-of-year musical concert from La Sierra Academy. For all our young people, senior youth, and young adults—we love you! We’re proud of you! Carry on the wonderful work.

[Watch on Facebook](#)

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“Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.”

- Proverbs 3:5-6 NIV